



Taste of Heritage - *An Intergenerational Recipe Project*

* 1. Recipe name

* 2. What are the ingredients and quantities?

Please list each ingredient and quantity on separate lines. Quantities to be in grams or mls (unless a specific number for items such as eggs). Example:

Mince 500 grams

Tomato soup 250 ml

Eggs 3

* 3. Please list the preparation and/or cooking instructions.

* 4. How many serves does this recipe make?

* 5. Whose recipe is this?

Please write their name below:

* 6. The person who shared this recipe is:

- My parent Family friend Me
- My grandparent Aged care resident Other
- Other (please specify)

7. What decade is this recipe from?

- Prior to 1920's 1950's 1990's onwards
- 1920's 1960's Not sure
- 1930's 1970's
- 1940's 1980's

8. What is the cultural background of this recipe?

Example: Spanish

9. Please share the story, anecdote or memory relating to this recipe.

10. Please attach a photo or video if you captured one relating to the recipe.

Choose File

Choose File

No file
chosen

* 11. This project was interesting and worthwhile.

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

12. Other comments:

13. What is your first name?

14. What is your age?

15. What school do you attend (if doing this through your school)?

16. What State/Territory are you from?

17. To be kept informed about this project or contacted to participate further, please enter your email address:

* 18. I give permission for this information to be published*

Please visit: <https://thelanternproject.com.au> for details on how this information may be used.

Yes

No